NEW SYSTEM ACCESS TO PHYSIOTHERAPY

HOW TO ACCESS NHS HIGHLAND PHYSIOTHERAPY AS FROM 3rd AUGUST 2015

I AM OVER 16 AND HAVE A PHYSIO PROBLEM – I WANT TO SEE A PHYSIOTHERAPIST	I HAVE (PLEASE CIRCLE): 1 A LONG-TERM NEUROLOGICAL CONDITION WHICH I WANT HELP WITH
THIS CAN BE ANY JOINT, MUSCLE, BACK, NECK, DIZZINESS OR CONTINENCE PROBLEM	 2 A LONG-TERM RESPIRATORY CONDITION WHICH I WANT HELP WITH 3 A PROBLEM WITH WALKING AND /OR I THINK A WALKING AID MIGHT HELP (FOR EXAMPLE A FRAME OR STICK) 4 BEEN FALLING OVER
↓	OR, I AM UNDER 16
PHONE NHS MATS SERVICE FOR ACCESS TO PHYSIOTHERAPY ON	
0845 604 0001 MATS = NHS 24's Musculoskeletal Advice and Triage Service Calls are typically charged between 1p and 12p per minute from landlines. Calls from mobile phones generally cost between 5p and 40p per minute. Check with your service	COLLECT SELF-REFERRAL FORM FROM RECEPTION (PARENT OR GUARDIAN IF AGED UNDER 16)

For advice and self care information that can help muscle and joint problems, visit:

www.nhsinform.co.uk/msk

MINUTES.

...or you can call us on: **0845 604 0001** Monday to Friday 9am to 6pm and speak to one of our call handlers who will be able to direct you to the right care for you.